



## A GUIDE TO COMPOSTING

Composting is a wonderful way to be sustainable, not just for the environment but for your home as well! It's great at reducing waste and your garden will love it... So where to begin? We've compiled a helpful list of what you can compost and what you can't!

### COMPOSTABLE

Fruits & Vegetables

Coffee Grounds and Filters

Eggshells

Tea Bags (no staples)

Sawdust

Grass Clippings

Newspaper

Leaves & Brush

### NOT COMPOSTABLE

Glass or Metal

Treated Wood

Dairy Products

Oil or Fat

Meat or Bones

Whole Eggs

Any Inorganic Material (i.e. plastic)

### STEPS FOR MAINTAIN A GOOD COMPOST PILE

1. Choose a sturdy outdoor bin to keep your compost in. It should stay out of direct sunlight but be insulated against the cold.
2. Try to maintain a good, balanced pile by alternating layers of brown and green materials. A good ratio to try and stick to is 25:1 browns to greens. Keep your pile slightly damp for the best results!
3. Aerate every so often by turning your tumbler (if you chose to use this as your bin type), or using a shovel or pitchfork to distribute air and moisture. Microbes will gradually break down your composted material into soil over a course of 4-6 weeks.
4. Add your ready nutrient-rich soil to your garden and enjoy the results along with your happy plants!

